



Open Championship And Danish Biathlon cup



Instruction – Sprint distance

Maps:

Silkeborg Nordskov, scale 1:10.000 & 1:7.500. Equidistance 2,5 m, updated Autumn 2021, maps are printed on waterproff paper.

Distance:

Starting point will be near the Event center.

Control system:

Emit is used for punching. New runners will get their Rental cards from the competition office. In case of queuing at the shooting range a **wait-start** unit and **Wait-end** unit must be punched.

Restricted areas:

Marked route from parking area must be followed. Warm up at the marked route from parking area.

Start numbers:

All participants have to wear a starting number on the chest. Starting numbers will be handed out from the competition office. Starting numbers according to the starting list.

Refreshment:

Water will be available at the finish line

Start:

The competitors will be called in 3 minutes before start.

There are three boxes

In the first box your Emit card number will be checked

In the second box control descriptions will be handed out to competitors with an holder.

In the last box the start unit and boxes with maps is placed. It is the runners own responsible to take the right map.

Orienteering competition:

Free orienteering – prone shooting – penalty loop (if any) - free orienteering – standing shooting - penalty loop (if any) – finish line

Orienteering:

Classes and course details are:

| Course | Distance | Posts | Scale | Classes |
|--------|----------|-------|----------|-----------------------------------|
| Lane 1 | 3,5 km. | 13 | 1:10.000 | M21 |
| Lane 2 | 3,1 km. | 10 | 1:10.000 | W21, M20, M35, M40, M45 |
| Lane 3 | 3,0 km. | 11 | 1:10.000 | W20, W35, W40, W45, M16, M50, M55 |
| Lane 4 | 2,6 km. | 9 | 1:7.500 | W16, W50, W55, M60, M65 |
| Lane 5 | 2,3 km. | 8 | 1:7.500 | W60, W65, M70 |

Shooting range procedure:

First the runner picks up the weapon from the weapon point and brings it to the shooting line to fire 5 shots in prone position.

Then the runner returns the weapon to the weapon point and continue to the marked route for penalty loop (if any) and free orienteering.

After the free orientteering the runner picks up the weapon at the weapon point and brings it to the shooting line to fire 5 shots in standing position.

After shooting the runner returns the weapon back to the weapon point and proceeds to the marked route for penalty loop (if any) or to the finish line.

Please notice: Entrance to the shooting line is through a door. Inside there are minimum of space so the competitors have to split out to the shooting lane they been told to use. Some competitors will have a little longer distance from the entrance to the shooting line and back again than other competitors - maximun 10 m. This is just how it's have to be. See sketch in the Generel Instruction

It is not allowed to run when you are carring your gun!

Security procedures:

For safety reasons, when mowing with weapons it is important that the runners carry them with one hand only on the barrel so the barrel is pointing straight upwards.

According to the Danish Civilian rules for shooting training and competition a safety lock must be present in the weapon when you are not shooting.

It is only allowed to insert the magazines and load the weapon at the shooting line.

Finish line:

At the finish line the runner punch the Emit unit and proceed to the point for reading the Emit unit.