Instruction
General and Mass start

Open Danish Championship and World Cup Final 31st Oct 2026

Competition Centre:

Vrøgum shooting range no. 3.: Præstegårdsvej 23, 6840 Oksbøl.
Coordinates:55,644631N-8,254691E
Saturday: 09:30-16:00
Sunday: 08:00- 14:00

Parking:

Vrøgum Shooting Range no 3. Directions from crossroads (Kirkegade – Prästegaardsvej) in Oksböl (55.632344, 8.280912) (Google Map)

Competition area:

Vrøgum East and West.

Map:

All classes are running on scale 1:7.500. All maps are printed on waterproofed paper.

Distances:

Parking to Competition Centre Approx. 150 meters.
Competition Centre to mass start: 200 meters, follow white marking

Control system:

Sport Ident. If an SI-unit number is not specified at entry a rental SI-unit will be allocated. Competitors failing to return rented card will be charged a fee of 500 DKK. Rental cards will be handed out at start and must be returned after passing the finish line. For all courses make sure, that your SI-unit can take more than 30 controls.

Terrain:

Typical West Jutland dune plantation with varying vegetation, slightly undulating with varying runnability. West of the shooting range, there is a larger, runnable thicket. Other parts of the course area are affected by forestry work with a significant amount of brash on the forest floor.

Security procedures:

For safety reasons, when mowing with weapons it is important that the runners carry them with one hand only on the barrel so the barrel is pointing straight upwards. According to the Danish Civilian rules for shooting training and competition a safety lock must be present in the weapon when you are not shooting. It is only allowed to insert the magazines and load the weapon at the shooting line.
Please notice: It is not allowed to run when you are carrying your weapon!

Start numbers:

All participants have to wear a starting number on the chest. Starting numbers will have to be pick up at the competition office. Starting numbers according to the starting list.

Course and class info:

Due to few competitors in some classes, following classes are combined into one class. Class M70 and M65= M65. W20 and W21=W21. W70, W60 and W55= W55. According to IBOF regulations. Estimated winning times are Course length, exclusive time for shooting.

Course	Class	Length	controls	Difficulties
1	M21	8800	37	Black
2	W21, M35	7100	29	Black
3	W20, M45, M50	6700	28	Black
4	W45, M65	5300	25	Black
5	W60, M75	4600	23	Black
6	M60, M55	6200	26	Black

Mass start procedures:

1st loop free-orienteering, 1st shooting prone-penalty loops if any,
2nd loop free-orienteering, 2nd shooting prone -penalty loops if any,
3rd loop free orienteering, 3rd shooting standing -penalty loops if any,
4th loop free orienteering, 4th shooting standing -penalty loops if any and/or finish.

Time schedule:

Mass start Competition.
1300: W20, W21, W45 and W60
1320: M50, M55, M65, M75
1340: M60 and M45
1400: M21 and M35

Service:

Toilets at the competitions center. Showers not available.

Kiosk:

A small YMCA kiosk at the Competition Centre serves hot and cold drinks, sandwiches and a small snack assortment.

Banquet:

Will take place Saturday evening at the YMCA, Varde barracks, Hjertingvej 70, 6800 Varde (55.61056529097243, 8.47013239959687) Price: 180 DKK. Children beneath 12: 120 DKK. Starting at 7 pm.

Results:

To be published on www.biathlon.dk shortly after each competition.

Award ceremony:

Saturday during the banquet and Sunday at the race arena at approx. 13:00 pm.

Jury:

Hans Mandahl, Jan Møller, Frank Braatz, Ole Christiansen.

Rules:

IBOF competition rules valid from May 2017:
http://biathlon.dk/dokumenter/bestemmelser/ibof-rules.pdf

Time schedule:

Day	Time	Event	Where
Saturday 31 OCT			
	0930	Competition Centre opens	
	1000-1030	Weapons control	Competition Centre at the Shooting range
	1030-1230	Adjustment shooting	Shooting range,
	1230-1240	Welcome and instruction for the Mass start competition	Shooting range,
	1300-1600	Mass start Competition	Vrøgum East and West
	1900-2200	Banquet and price giving ceremony	YMCA soldiers home in Varde
Sunday 01 NOV			
	0815-0900	Weapons control	Competition Centre at the Shooting range
	0815-0930	Adjustment shooting	Shooting range
	0915-0920	Instruction for sprint competition	
	1000-1230	Sprint Competition	Vrøgum East and west
	1300-1330	Price giving ceremony incl. final result World Cup	Competition Centre at the Shooting range

Sketch competition Centre:

Appendix 1.