

**INVITATION FOR
OPEN COMPETITIONS IN BIATHLON ORIENTEERING
IN INKOO, JUNE 8–9, 2024**



Ingå IF has the honor of inviting you to Biathlon Orienteering Competitions in Inkoo, Finland. Inkoo is located just under an hour drive west of Helsinki. The competition center and shooting range is in Torp, at [Skjutbanevägen 46, 10210 Inkoo](https://www.skjutbanevaegen.com/).

Saturday, June 8, 2024:

Classic distance as 7th World Cup event and 3rd Lapua Cup event. World Cup points are awarded in the D/H 21 classes.

Competition classes are: H (men, M), D (women, W), H40, D40, H50, D50, H60, D60, H14, D14, H16, D16, H18, D18 and Beginner.

Adjustment shooting on paper targets start at 11:00 am.

Sunday, June 9, 2024:

Morning:

Sprint for classes D/H 21 as 8th World Cup event, 4th Lapua Cup event and as RESUL Championships (The Finnish Reservist Sports Federation). IBOF rules will apply.

All other classes compete according to RESUL's rules for the *individual distance*. The competition is the 4th event in the Lapua Cup and the RESUL Individual Championships.

Competition classes are: H, D, H35, H40, H45, H50, D50, H55, H60, H65, H70, H75, H16, D16, H18, D18, H20, D20 D18 and Beginner.

Adjustment shooting on paper targets starts at 9:00 am.

Afternoon:

Relay (sprint) with two runners as RESUL Championship and open competition.

Competition classes in Sunday, relay: H, D, H/D80, H/D100, H/D120, H140, H/D 16, H/D18.

The competition organizer reserves the right to merge classes if there are few participants. Those who register to classes H35, H20 and D20 will not earn Lapua Cup points.

Terrain: Typical southern Finnish landscape with elements of both "rocky terrain" and traces of modern forestry. The terrain consists of fast-running detail-poor areas and detailed areas with reduced runnability on crossable bare rocks that is untouched by forestry. There are very few areas with very reduced runnability. Map 1:10 000, master's 1:7 500.

Punching system: EMIT, available for rent €10 (specified at registration). For a lost EMIT, a charge of €60 will apply.

Weapon: .22 long. Shooting is done against self-marking Kurvinen targets.



Registration by e-mail no later than Friday, May 31, at 9:00 pm, to jori.arrakoski@live.com. The registration shall include the competitor's **name**, **discipline(s)**, **year of birth**, **class(es)**, **club**, and **Emit** number (also indicate if you need to rent a chip). If the competitor participates in the RESUL competitions, **military rank** and **reservist district** shall also be included in the registration.

Late registration is possible until Monday, June 3, at 12:00, with a 100% increased fee.

Fees:

Saturday, all participants, €25.

Sunday, RESUL Championship, individual, €30.

Sunday, other participants at the individual competition, €25.

Sunday relay, RESUL Championship, €40/team.

Sunday relay, other participants, €30/team.

The fee is to be paid upon registration into Ingå IF/Skidskytte, account IBAN FI27 4055 6040 0023 73. The participant's **name** and **disciplines** should be indicated in the message field. Rent for EMIT € 10.

The participants are responsible for having a valid shooting sports insurance that covers damages to other individuals and property during the competition event. The organizer is not responsible for insuring the athletes.

Pre-race information and start list will be published on Ingå IF's website: ingaif.fi.

For questions regarding the competition, please contact race director Jori Arrakoski at jori.arrakoski@live.com or by phone at +358 40 749 9012.

Accommodations can be found in Inkoo (in no particular order):

Municipality website: <https://www.inga.fi/visit-inga/overnattning/>

Motelli Ingala, <https://ingala.fi/eng/>

30 minutes' drive from the competition center are:

Tammisaari/Raasepori to the west (in Swedish Ekenäs/Raseborg).

Siuntio to the east with Hotelli Siuntio, <https://hotellisiuntio.fi/>. Website only in Finnish.

Lojo to the north (Lohja).

WELCOME TO JOYFUL INKOO

P.S. During the weekend, "Music by the Sea" is organized in Inkoo (<https://www.musikvidhavet.fi/>).

